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In the realm of HVAC (Heating, Ventilation, and Air Conditioning), where professionals are consistently exposed to various hazards, the importance of protective equipment cannot be overstated. Among the essential gear that HVAC technicians must employ, goggles specifically designed for refrigerant handling stand out as a critical component in safeguarding their health and enhancing their operational efficiency.

Refrigerants are integral to the HVAC industry, used extensively in cooling and heating systems. However, they pose significant risks if mishandled or improperly managed. The chemical properties of refrigerants can lead to potential eye injuries through splashes or vapors. This is where specialized goggles come into play, acting as a barrier to protect technicians from such hazards.

Identifying goggles suited for refrigerant handling requires an understanding of both the nature of refrigerants and the protective capabilities needed. Proper drainage prevents moisture buildup near HVAC units in mobile homes **mobile home hvac unit** energy conservation. Goggles designed for this purpose should provide a snug fit around the eyes to prevent any gas or liquid from entering. They must also be constructed from materials resistant to chemical permeation, ensuring that even in prolonged exposure scenarios, they maintain their protective integrity.

Moreover, clarity and anti-fog features are crucial in these goggles. Technicians often work in environments where temperature fluctuations can lead to fogging, impairing vision and increasing safety risks. Anti-fog coatings help maintain clear visibility, allowing professionals to perform precise tasks without interruption.

Another important aspect is comfort and practicality; since HVAC technicians wear protective gear for extended periods, goggles need to be lightweight yet durable. Adjustable straps and comfortable padding enhance wearability while maintaining secure positioning throughout demanding tasks.

The role of well-designed goggles transcends mere physical protection; it also contributes significantly to compliance with safety regulations and standards prevalent within the industry. Regulatory bodies emphasize the use of appropriate personal protective equipment (PPE) as part of occupational safety protocols. By adhering to these guidelines through proper goggle usage, companies not only safeguard their employees but also mitigate legal liabilities associated with workplace accidents.

In conclusion, investing in high-quality goggles tailored for refrigerant handling is indispensable for HVAC technicians who navigate hazardous environments daily. These specialized pieces of equipment serve as a first line of defense against potential chemical exposure while ensuring compliance with safety regulations. Ultimately, prioritizing eye protection reflects a commitment to not only preserving workforce health but also upholding industry standards—a dual objective every responsible entity should strive towards achieving comprehensively in its operations within this vital sector.

When handling refrigerants, safety is of utmost importance. Refrigerants are substances used in cooling mechanisms such as air conditioners, refrigerators, and freezers. While they are essential for maintaining temperature control in various systems, they can pose significant health risks if not handled properly. One of the critical pieces of personal protective equipment (PPE) required when dealing with these chemicals is goggles specifically designed for refrigerant handling.

Firstly, it is important to understand why specialized goggles are necessary. Refrigerants often contain chemical compounds that can be harmful upon contact with skin or eyes. In particular, exposure to refrigerant gases or liquids can lead to eye irritation or more severe injuries such as chemical burns or frostbite due to rapid evaporation and cooling effects. Therefore, goggles intended for this purpose must provide robust protection against both liquid splashes and gaseous emissions.

Goggles designed for refrigerant handling typically feature several key characteristics that differentiate them from standard safety eyewear. They are constructed from materials that resist chemical degradation and offer a snug fit to prevent any ingress of harmful substances. The lenses are usually made from impact-resistant polycarbonate or similar materials that can withstand accidental impacts while providing clear visibility.

Furthermore, these goggles often come with anti-fog coatings or ventilation systems to maintain clarity under varying environmental conditions—a crucial factor when working in cold environments where condensation might obscure vision. Some models also incorporate additional features like UV protection if there is a need to work outdoors where sunlight exposure could be a concern.

Another vital aspect of selecting the right goggles is ensuring they meet industry standards and regulations specific to refrigerant handling. Standards such as ANSI Z87.1 in the United States set forth guidelines for impact resistance and other performance criteria that ensure adequate eye protection in industrial settings.

In addition to technical specifications, comfort plays a significant role in choosing appropriate goggles. Since tasks involving refrigerants may require extended periods of wear, comfortable padding around the frames and adjustable straps can help reduce fatigue and encourage consistent use without compromising on safety.

Ultimately, identifying the right goggles for refrigerant handling involves striking a balance between protection, comfort, and compliance with safety standards. It necessitates an understanding of both the hazards posed by refrigerants and the functional attributes required from protective eyewear to mitigate those risks effectively.

In conclusion, investing in high-quality goggles designed specifically for handling refrigerants is an essential step toward ensuring worker safety in environments where these chemicals are present. By providing reliable protection against potential hazards like chemical splashes and vapors while offering comfort during prolonged use, these specialized goggles play a pivotal role in safeguarding vision health-an asset no professional should compromise on when working with hazardous materials like refrigerants.

Posted by on

Posted by on

# Types of Measurements Required in Mobile Home

# HVAC Checks

When it comes to handling refrigerants, safety is of paramount importance. One of the most crucial pieces of personal protective equipment in this field is refrigerant handling goggles. These specialized goggles are designed to protect the eyes from hazardous chemicals, flying debris, and intense light that may be encountered during refrigeration work. Identifying the right pair of goggles involves evaluating several key features that ensure maximum protection and comfort.

First and foremost, the material and construction of the lenses are critical. High-quality refrigerant handling goggles should have lenses made from polycarbonate or similar materials known for their impact resistance. This ensures that the goggles can withstand any accidental splashes or flying particles without shattering, thereby providing robust eye protection. Additionally, these lenses should offer UV protection to shield against harmful ultraviolet rays often emitted by refrigerant leaks or during welding operations.

Another essential feature to consider is anti-fogging technology. Refrigeration environments can fluctuate between various temperatures and humidity levels, leading to fog accumulation on ordinary lenses. Goggles equipped with anti-fog coatings or ventilation systems maintain clear vision even under changing conditions, allowing technicians to perform their tasks efficiently without constant interruptions.

Comfort is also a significant factor when selecting refrigerant handling goggles. Adjustable head straps are necessary to ensure a snug yet comfortable fit for all users, preventing slippage during rigorous work activities. The frame should be lightweight but sturdy enough to endure daily wear and tear without causing strain on the wearer's face.

Furthermore, chemical resistance is an indispensable attribute for these goggles. Given that they will be exposed to potentially corrosive refrigerants, it's important that both the frames and lenses resist degradation upon contact with these substances. This not only extends the lifespan of the goggles but also maintains their protective integrity over time.

Finally, peripheral vision cannot be overlooked. Goggles designed for refrigerant handling should provide a wide field of view so technicians can maintain awareness of their surroundings while focusing on specific tasks. This feature significantly reduces accidents caused by unseen hazards in peripheral areas.

In conclusion, selecting appropriate refrigerant handling goggles involves careful consideration of several key features: impact-resistant and UV-protective lenses, anti-fog capabilities, comfort through adjustable fittings and lightweight construction, chemical resistance for durability against exposure to harsh substances, and ample peripheral vision for safety in dynamic environments. By prioritizing these characteristics when choosing protective eyewear, technicians can effectively safeguard their eyes while managing complex refrigeration systems confidently and safely.



# Comparing Digital vs Analog Multimeters for HVAC Use

In the realm of industrial safety, particularly in environments where hazardous chemicals like refrigerants are handled, the importance of protective gear cannot be overstated. Among the most critical pieces of equipment for such tasks are refrigerant goggles. These goggles serve as a frontline defense against potential eye injuries caused by exposure to harmful substances. However, not all goggles are created equal; those designed specifically for refrigerant handling must meet stringent safety standards and certifications to ensure they provide adequate protection.

Refrigerants, widely used in air conditioning and refrigeration systems, can pose significant health risks if mishandled. They may cause eye irritation or injury upon contact, making eye protection essential for anyone working with these substances. Goggles intended for refrigerant handling must be constructed from materials resistant to chemical degradation and capable of providing a tight seal around the eyes to prevent any exposure.

Safety standards play a pivotal role in ensuring that refrigerant goggles offer the necessary protection. Standards such as ANSI Z87.1 in the United States specify requirements for personal eye and face protection devices. This standard encompasses various tests to evaluate impact resistance, optical clarity, and chemical splash protection-critical factors when dealing with volatile substances like refrigerants. Complying with such standards assures users that the goggles have been rigorously tested and proven effective under specific conditions.

Moreover, certifications from recognized bodies like OSHA (Occupational Safety and Health Administration) or other international organizations provide an additional layer of validation for these protective devices. Certification indicates that the goggles not only meet baseline safety requirements but also adhere to best practices within the industry. This is crucial for employers who need assurance that their workers are adequately protected while on the job.

When identifying goggles designed specifically for refrigerant handling, several features should be considered beyond compliance with safety standards and certifications. Firstly, the material composition must be evaluated; high-grade polycarbonate lenses often provide superior impact resistance while remaining lightweight enough for extended wear periods. Secondly, ventilation systems within the design help minimize fogging-a common issue that can impede vision during critical tasks.

Additionally, adjustable straps and comfortable seals enhance both fit and comfort-essential aspects when wearing protective gear over long durations. The ability to integrate prescription lenses is another important factor; this ensures that individuals who require corrective eyewear do not compromise on their vision or protection needs.

In conclusion, identifying suitable goggles for refrigerant handling involves more than selecting any pair off the shelf; it requires careful consideration of safety standards and certifications alongside practical design features tailored to chemical exposure scenarios. By prioritizing these elements, workers can maintain both safety and efficiency in environments where precision is paramount-and where even minor oversights could lead to serious health implications or operational setbacks. As industries continue evolving towards more rigorous safety protocols, adherence to established guidelines remains a cornerstone in safeguarding human well-being amidst technological advancements.

# **Safety Considerations When Using Multimeters in Mobile Homes**

When considering the manufacturing of protective goggles, particularly those designed for handling refrigerants, it is essential to delve into the materials that make these goggles effective and reliable. Refrigerant handling often requires specialized equipment due to the potential hazards associated with exposure to chemicals such as ammonia or hydrofluorocarbons. Therefore, understanding the common materials used in these protective goggles can provide insight into their functionality and suitability for such demanding tasks.



One of the primary materials used in the construction of protective goggles is polycarbonate. This thermoplastic polymer is favored for its robustness and impact resistance. Polycarbonate lenses offer exceptional protection against flying debris or accidental splashes-an essential feature when working with pressurized refrigerants that might escape unexpectedly. Moreover, polycarbonate provides excellent optical clarity, ensuring that workers maintain a clear view of their workspace without distortion, which is crucial for safety and precision during refrigerant handling.

Another material commonly utilized in goggle manufacturing is polyurethane foam, often used for cushioning around the eye area. This foam ensures a comfortable fit by providing a soft barrier between the goggles and the skin. Comfort becomes particularly important during long hours of wear, as discomfort could lead to improper use or frequent adjustments that compromise safety. Additionally, polyurethane foam can aid in sealing out harmful vapors or particles, enhancing the overall protective capabilities of the goggles.

Silicone rubber is also frequently employed in goggle design, particularly for creating flexible yet secure seals around the eyes. Silicone's inherent properties include chemical resistance, making it an ideal choice for environments where exposure to various substances could degrade other materials over time. Its flexibility allows goggles to comfortably conform to different face shapes while maintaining an airtight seal-a critical factor when dealing with potentially harmful refrigerant gases.

Furthermore, anti-fog coatings are applied to goggle lenses to prevent condensation buildup that could obscure vision. These coatings typically consist of hydrophilic compounds that reduce surface tension on the lens surface; thus preventing small water droplets from forming fogging layers. In environments where temperature fluctuations are common-as they often are with refrigerant systems-anti-fog features ensure consistent visibility and safety.

Finally, some protective goggles incorporate additional materials such as UV inhibitors within their lens composition to protect against ultraviolet radiation during outdoor work scenarios or under high-intensity lighting conditions found in certain industrial settings.

In conclusion, selecting appropriate materials for manufacturing protective goggles designed specifically for refrigerant handling involves balancing durability, comfort, chemical resistance, and visual clarity-all tailored towards optimizing worker safety and efficiency. By leveraging advanced polymers like polycarbonate along with supportive components like silicone rubber and anti-fog treatments; manufacturers create eyewear solutions capable of meeting rigorous demands posed by modern industrial applications involving hazardous substances like refrigerants.



## Recommended Brands and Models for HVAC Multimeters

When selecting goggles designed for refrigerant handling, it's essential to consider both the specific requirements of the task and the longevity of the protective equipment. Goggles are not just a barrier between your eyes and potential hazards; they are an investment in safety that should be cared for meticulously. By focusing on maintenance and care, users can ensure their goggles provide long-lasting protection.

First, identifying goggles suitable for refrigerant handling involves understanding the risks associated with these substances. Refrigerants can pose dangers such as chemical splash and potential eye irritation, requiring goggles that offer a snug fit with complete seal protection around the eyes. Look for goggles labeled as chemical-resistant or those meeting ANSI (American National Standards Institute) standards for high-impact protection and chemical exposure.

Once you have identified appropriate goggles, proper maintenance becomes crucial. Start by inspecting them before each use. Check for any cracks, scratches, or deterioration in both the frame and lenses. Damaged goggles may compromise safety by allowing chemicals to seep through or reducing visibility due to impaired lenses.

Cleaning is another vital aspect of maintaining goggles. After each use, especially when exposed to refrigerants, clean them with mild soap and warm water to remove any residue. Avoid using solvents or abrasive materials as they can damage coatings on the lenses designed to prevent fogging or scratching. For optimal clarity during usage, invest in anti-fog solutions if your goggle model does not already feature this technology.

Storage also plays a significant role in prolonging the life of your goggles. When not in use, store them in a protective case away from direct sunlight and extreme temperatures that could warp plastic components or degrade rubber seals over time. This practice helps preserve their structural integrity and ensures they're ready for action whenever needed.

Finally, regular replacement is part of good maintenance practice despite best efforts at care. Over time, even well-maintained goggles will experience wear that affects their efficacy. Adhering to manufacturer guidelines regarding lifespan and replacement intervals is essential to guarantee ongoing protection.

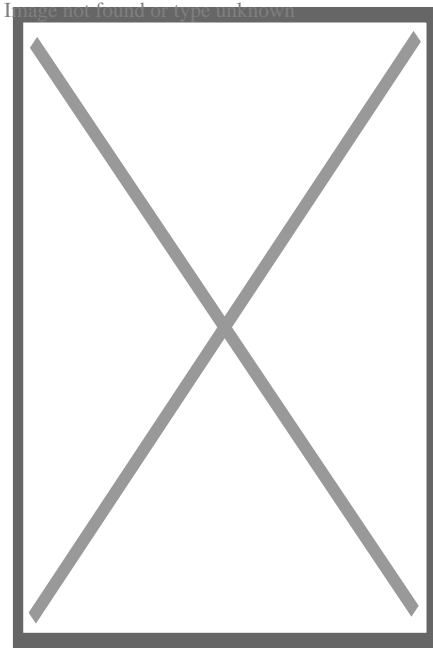
In conclusion, while identifying suitable goggles is the first step towards safe refrigerant handling, consistent maintenance ensures they continue providing effective protection over time. By adopting regular inspection routines, cleaning practices, appropriate storage

methods, and timely replacements, users can extend their utility while safeguarding their health—a small yet significant investment in workplace safety that pays dividends daily.

## About Refrigerant



This article's lead section **may be too short to adequately summarize the key points**. Please consider expanding the lead to provide an accessible overview of all important aspects of the article. (*March 2021*)



A DuPont R-134a refrigerant

A **refrigerant** is a working fluid used in cooling, heating or reverse cooling and heating of air conditioning systems and heat pumps where they undergo a repeated phase transition from a liquid to a gas and back again. Refrigerants are heavily regulated because of their toxicity and flammability<sup>[1]</sup> and the contribution of CFC and HCFC refrigerants to ozone depletion<sup>[2]</sup> and that of HFC refrigerants to climate change.<sup>[3]</sup>

Refrigerants are used in a direct expansion (DX- Direct Expansion) system (circulating system) to transfer energy from one environment to another, typically from inside a building to outside (or vice versa) commonly known as an air conditioner cooling only or cooling & heating reverse DX system or heat pump a heating only DX cycle.

Refrigerants can carry 10 times more energy per kg than water, and 50 times more than air.

Refrigerants are controlled substances and classified by International safety regulations ISO 817/5149, AHRAE 34/15 & BS EN 378 due to high pressures (700–1,000 kPa (100–150 psi)), extreme temperatures (?50 °C [?58 °F] to over 100 °C [212 °F]),

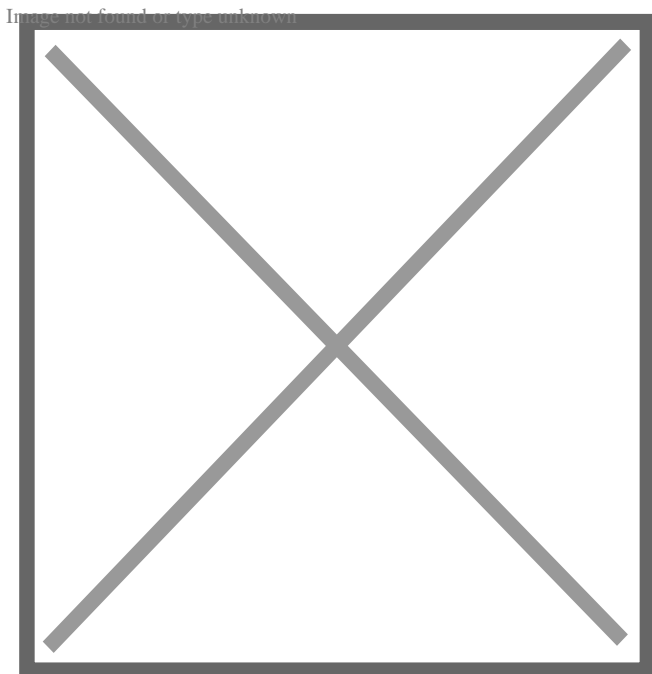
flammability (A1 class non-flammable, A2/A2L class flammable and A3 class extremely flammable/explosive) and toxicity (B1-low, B2-medium & B3-high). The regulations relate to situations when these refrigerants are released into the atmosphere in the event of an accidental leak not while circulated.

Refrigerants (controlled substances) must only be handled by qualified/certified engineers for the relevant classes (in the UK, C&G 2079 for A1-class and C&G 6187-2 for A2/A2L & A3-class refrigerants).

Refrigerants (A1 class only) Due to their non-flammability, A1 class non-flammability, non-explosivity, and non-toxicity, non-explosivity they have been used in open systems (consumed when used) like fire extinguishers, inhalers, computer rooms fire extinguishing and insulation, etc.) since 1928.

## History

[edit]



The observed stabilization of HCFC concentrations (left graphs) and the growth of HFCs (right graphs) in earth's atmosphere.

The first air conditioners and refrigerators employed toxic or flammable gases, such as ammonia, sulfur dioxide, methyl chloride, or propane, that could result in fatal accidents when they leaked.<sup>[4]</sup>

In 1928 Thomas Midgley Jr. created the first non-flammable, non-toxic chlorofluorocarbon gas, *Freon* (R-12). The name is a trademark name owned by DuPont

(now Chemours) for any chlorofluorocarbon (CFC), hydrochlorofluorocarbon (HCFC), or hydrofluorocarbon (HFC) refrigerant. Following the discovery of better synthesis methods, CFCs such as R-11,<sup>[5]</sup> R-12,<sup>[6]</sup> R-123<sup>[5]</sup> and R-502<sup>[7]</sup> dominated the market.

## Phasing out of CFCs

[edit]

See also: Montreal Protocol

In the mid-1970s, scientists discovered that CFCs were causing major damage to the ozone layer that protects the earth from ultraviolet radiation, and to the ozone holes over polar regions.<sup>[8]</sup><sup>[9]</sup> This led to the signing of the Montreal Protocol in 1987 which aimed to phase out CFCs and HCFC<sup>[10]</sup> but did not address the contributions that HFCs made to climate change. The adoption of HCFCs such as R-22,<sup>[11]</sup><sup>[12]</sup><sup>[13]</sup> and R-123<sup>[5]</sup> was accelerated and so were used in most U.S. homes in air conditioners and in chillers<sup>[14]</sup> from the 1980s as they have a dramatically lower Ozone Depletion Potential (ODP) than CFCs, but their ODP was still not zero which led to their eventual phase-out.

Hydrofluorocarbons (HFCs) such as R-134a,<sup>[15]</sup><sup>[16]</sup> R-407A,<sup>[17]</sup> R-407C,<sup>[18]</sup> R-404A,<sup>[7]</sup> R-410A<sup>[19]</sup> (a 50/50 blend of R-125/R-32) and R-507<sup>[20]</sup><sup>[21]</sup> were promoted as replacements for CFCs and HCFCs in the 1990s and 2000s. HFCs were not ozone-depleting but did have global warming potentials (GWPs) thousands of times greater than CO<sub>2</sub> with atmospheric lifetimes that can extend for decades. This in turn, starting from the 2010s, led to the adoption in new equipment of Hydrocarbon and HFO (hydrofluoroolefin) refrigerants R-32,<sup>[22]</sup> R-290,<sup>[23]</sup> R-600a,<sup>[23]</sup> R-454B,<sup>[24]</sup> R-1234yf,<sup>[25]</sup><sup>[26]</sup> R-514A,<sup>[27]</sup> R-744 (CO<sub>2</sub>),<sup>[28]</sup> R-1234ze(E)<sup>[29]</sup> and R-1233zd(E),<sup>[30]</sup> which have both an ODP of zero and a lower GWP. Hydrocarbons and CO<sub>2</sub> are sometimes called natural refrigerants because they can be found in nature.

The environmental organization Greenpeace provided funding to a former East German refrigerator company to research alternative ozone- and climate-safe refrigerants in 1992. The company developed a hydrocarbon mixture of propane and isobutane, or pure isobutane,<sup>[31]</sup> called "Greenfreeze", but as a condition of the contract with Greenpeace could not patent the technology, which led to widespread adoption by other firms.<sup>[32]</sup><sup>[33]</sup><sup>[34]</sup> Policy and political influence by corporate executives resisted change however,<sup>[35]</sup><sup>[36]</sup> citing the flammability and explosive properties of the refrigerants,<sup>[37]</sup> and DuPont together with other companies blocked them in the U.S. with the U.S. EPA.<sup>[38]</sup><sup>[39]</sup>

Beginning on 14 November 1994, the U.S. Environmental Protection Agency restricted the sale, possession and use of refrigerants to only licensed technicians, per rules under sections 608 and 609 of the Clean Air Act.<sup>[40]</sup> In 1995, Germany made CFC refrigerators illegal.<sup>[41]</sup>

In 1996 Eurammon, a European non-profit initiative for natural refrigerants, was established and comprises European companies, institutions, and industry experts.<sup>[42][43][44]</sup>

In 1997, FCs and HFCs were included in the Kyoto Protocol to the Framework Convention on Climate Change.

In 2000 in the UK, the Ozone Regulations<sup>[45]</sup> came into force which banned the use of ozone-depleting HCFC refrigerants such as R22 in new systems. The Regulation banned the use of R22 as a "top-up" fluid for maintenance from 2010 for virgin fluid and from 2015 for recycled fluid.<sup>[citation needed]</sup>

## Addressing greenhouse gases

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With growing interest in natural refrigerants as alternatives to synthetic refrigerants such as CFCs, HCFCs and HFCs, in 2004, Greenpeace worked with multinational corporations like Coca-Cola and Unilever, and later Pepsico and others, to create a corporate coalition called Refrigerants Naturally!.<sup>[41][46]</sup> Four years later, Ben & Jerry's of Unilever and General Electric began to take steps to support production and use in the U.S.<sup>[47]</sup> It is estimated that almost 75 percent of the refrigeration and air conditioning sector has the potential to be converted to natural refrigerants.<sup>[48]</sup>

In 2006, the EU adopted a Regulation on fluorinated greenhouse gases (FCs and HFCs) to encourage to transition to natural refrigerants (such as hydrocarbons). It was reported in 2010 that some refrigerants are being used as recreational drugs, leading to an extremely dangerous phenomenon known as inhalant abuse.<sup>[49]</sup>

From 2011 the European Union started to phase out refrigerants with a global warming potential (GWP) of more than 150 in automotive air conditioning (GWP = 100-year warming potential of one kilogram of a gas relative to one kilogram of CO<sub>2</sub>) such as the refrigerant HFC-134a (known as R-134a in North America) which has a GWP of 1526.<sup>[50]</sup> In the same year the EPA decided in favour of the ozone- and climate-safe refrigerant for U.S. manufacture.<sup>[32][51][52]</sup>

A 2018 study by the nonprofit organization "Drawdown" put proper refrigerant management and disposal at the very top of the list of climate impact solutions, with an impact equivalent to eliminating over 17 years of US carbon dioxide emissions.<sup>[53]</sup>

In 2019 it was estimated that CFCs, HCFCs, and HFCs were responsible for about 10% of direct radiative forcing from all long-lived anthropogenic greenhouse gases.<sup>[54]</sup> and in the same year the UNEP published new voluntary guidelines,<sup>[55]</sup> however many countries have not yet ratified the Kigali Amendment.

From early 2020 HFCs (including R-404A, R-134a and R-410A) are being superseded: Residential air-conditioning systems and heat pumps are increasingly using R-32. This still has a GWP of more than 600. Progressive devices use refrigerants with almost no climate impact, namely R-290 (propane), R-600a (isobutane) or R-1234yf (less flammable, in cars). In commercial refrigeration also CO<sub>2</sub> (R-744) can be used.

## Requirements and desirable properties

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A refrigerant needs to have: a boiling point that is somewhat below the target temperature (although boiling point can be adjusted by adjusting the pressure appropriately), a high heat of vaporization, a moderate density in liquid form, a relatively high density in gaseous form (which can also be adjusted by setting pressure appropriately), and a high critical temperature. Working pressures should ideally be containable by copper tubing, a commonly available material. Extremely high pressures should be avoided.<sup>[citation needed]</sup>

The ideal refrigerant would be: non-corrosive, non-toxic, non-flammable, with no ozone depletion and global warming potential. It should preferably be natural with well-studied and low environmental impact. Newer refrigerants address the issue of the damage that CFCs caused to the ozone layer and the contribution that HCFCs make to climate change, but some do raise issues relating to toxicity and/or flammability.<sup>[56]</sup>

## Common refrigerants

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## Refrigerants with very low climate impact

[edit]

With increasing regulations, refrigerants with a very low global warming potential are expected to play a dominant role in the 21st century,<sup>[57]</sup> in particular, R-290 and R-1234yf. Starting from almost no market share in 2018,<sup>[58]</sup> low GWPO devices are gaining market share in 2022.

Code	Chemical	Name	GWP 20yr <sup>[59]</sup>	GWP 100yr <sup>[59]</sup>	Status	Commentary
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R-290	$C_3H_8$	Propane		3.3[60]	Increasing use	Low cost, widely available and efficient. They also have zero ozone depletion potential. Despite their flammability, they are increasingly used in domestic refrigerators and heat pumps. In 2010, about one-third of all household refrigerators and freezers manufactured globally used isobutane or an isobutane/propane blend, and this was expected to increase to 75% by 2020.[61]
R-600a	$HC(CH_3)_3$	Isobutane		3.3	Widely used	See R-290.  Commonly used before the popularisation of CFCs, it is again being considered but does suffer from the disadvantage of toxicity, and it requires corrosion-resistant components, which restricts its domestic and small-scale use. Anhydrous ammonia is widely used in industrial refrigeration applications and hockey rinks because of its high energy efficiency and low cost.
R-717	$NH_3$	Ammonia	0	0[62]	Widely used	Less performance but also less flammable than R-290.[57] GM announced that it would start using "hydro-fluoro olefin", HFO-1234yf, in all of its brands by 2013.[63]
R-1234yf HFO-1234yf	$C_3H_2F_4$	2,3,3,3-Tetrafluoropropene		<1		

R-744	CO <sub>2</sub>	Carbon dioxide	1	1	In use
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Was used as a refrigerant prior to the discovery of CFCs (this was also the case for propane)<sup>[4]</sup> and now having a renaissance due to it being non-ozone depleting, non-toxic and non-flammable. It may become the working fluid of choice to replace current HFCs in cars, supermarkets, and heat pumps. Coca-Cola has fielded CO<sub>2</sub>-based beverage coolers and the U.S. Army is considering CO<sub>2</sub> refrigeration.<sup>[64][65]</sup> Due to the need to operate at pressures of up to 130 bars (1,900 psi; 13,000 kPa), CO<sub>2</sub> systems require highly resistant components, however these have already been developed for mass production in many sectors.

**Most used**

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Code	Chemical	Name	Global warming potential 20yr <sup>[59]</sup>	GWP 100yr <sup>[59]</sup>	Status	Commentary
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R-32 HFC-32	CH <sub>2</sub> F <sub>2</sub>	Difluoromethane	2430	677	Widely used	Promoted as climate-friendly substitute for R-134a and R-410A, but still with high climate impact. Has excellent heat transfer and pressure drop performance, both in condensation and vaporisation. <sup>[66]</sup> It has an atmospheric lifetime of nearly 5 years. <sup>[67]</sup> Currently used in residential and commercial air-conditioners and heat pumps.
R-134a HFC-134a	CH <sub>2</sub> FCF <sub>3</sub>	1,1,1,2-Tetrafluoroethane	3790	1550	Widely used	Most used in 2020 for hydronic heat pumps in Europe and the United States in spite of high GWP. <sup>[58]</sup> Commonly used in automotive air conditioners prior to phase out which began in 2012.
R-410A		50% R-32 / 50% R-125 (pentafluoroethane)	Between 2430 (R-32) and 6350 (R-125)	> 677	Widely Used	Most used in split heat pumps / AC by 2018. Almost 100% share in the USA. <sup>[58]</sup> Being phased out in the US starting in 2022. <sup>[68][69]</sup>

### Banned / Phased out

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Code	Chemical	Name	Global warming potential 20yr <sup>[59]</sup>	GWP 100yr <sup>[59]</sup>	Status	Commentary
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R-11 CFC-11	$\text{CCl}_3\text{F}$	Trichlorofluoromethane	6900	4660	Banned	<p>Production was banned in developed countries by Montreal Protocol in 1996</p> <p>Also known as Freon, a widely used chlorofluorocarbon halomethane (CFC). Production was banned in developed countries by Montreal Protocol in 1996, and in developing countries (article 5 countries) in 2010.[<sup>70</sup>]</p>
R-12 CFC-12	$\text{CCl}_2\text{F}_2$	Dichlorodifluoromethane	10800	10200	Banned	<p>A widely used hydrochlorofluorocarbon (HCFC) and powerful greenhouse gas with a GWP equal to 1810. Worldwide production of R-22 in 2008 was about 800 Gg per year, up from about 450 Gg per year in 1998. R-438A (MO-99) is a R-22 replacement.[<sup>71</sup>]</p>
R-22 HCFC-22	$\text{CHClF}_2$	Chlorodifluoromethane	5280	1760	Being phased out	<p>Used in large tonnage centrifugal chiller applications. All U.S. production and import of virgin HCFCs will be phased out by 2030, with limited exceptions.[<sup>72</sup>]</p>
R-123 HCFC-123	$\text{CHCl}_2\text{CF}_3$	2,2-Dichloro-1,1,1-trifluoroethane	292	79	US phase-out	<p>R-123 refrigerant was used to retrofit some chiller that used R-11 refrigerant Trichlorofluoromethane. The production of R-11 was banned in developed countries by Montreal Protocol in 1996.[<sup>73</sup>]</p>

## Other

[edit]

Code	Chemical	Name	Global warming potential 20yr <sup>[59]</sup>	GWP 100yr <sup>[59]</sup>	Commentary
R-152a HFC-152a	CH <sub>3</sub> CHF <sub>2</sub>	1,1-Difluoroethane	506	138	As a compressed air duster
R-407C		Mixture of difluoromethane and pentafluoroethane and 1,1,1,2-tetrafluoroethane			A mixture of R-32, R-125, and R-134a
R-454B		Difluoromethane and 2,3,3,3-Tetrafluoropropene			HFOs blend of refrigerants Difluoromethane (R-32) and 2,3,3,3-Tetrafluoropropene (R-1234yf). <sup>[74][75][76][77]</sup>
R-513A		An HFO/HFC blend (56% R-1234yf/44%R-134a)			May replace R-134a as an interim alternative <sup>[78]</sup>
R-514A		HFO-1336mzz-Z/trans-1,2-dichloroethylene (t-DCE)			An hydrofluoroolefin (HFO)-based refrigerant to replace R-123 in low pressure centrifugal chillers for commercial and industrial applications. <sup>[79][80]</sup>

## Refrigerant reclamation and disposal

[edit]

Main article: Refrigerant reclamation

Coolant and refrigerants are found throughout the industrialized world, in homes, offices, and factories, in devices such as refrigerators, air conditioners, central air conditioning systems (HVAC), freezers, and dehumidifiers. When these units are serviced, there is a risk that refrigerant gas will be vented into the atmosphere either accidentally or intentionally, hence the creation of technician training and certification programs in order

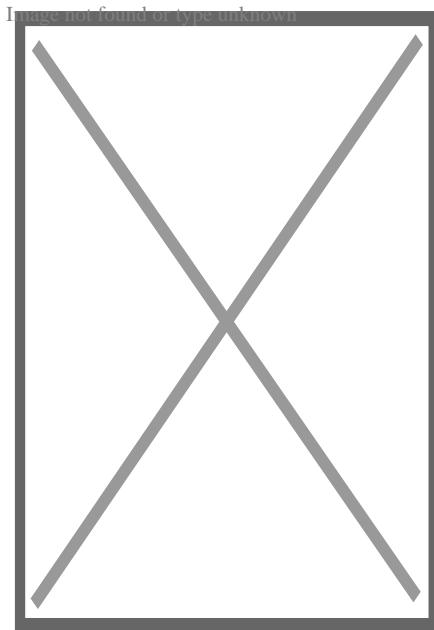
to ensure that the material is conserved and managed safely. Mistreatment of these gases has been shown to deplete the ozone layer and is suspected to contribute to global warming.<sup>[81]</sup>

With the exception of isobutane and propane (R600a, R441A and R290), ammonia and CO<sub>2</sub> under Section 608 of the United States' Clean Air Act it is illegal to knowingly release any refrigerants into the atmosphere.<sup>[82]</sup><sup>[83]</sup>

Refrigerant reclamation is the act of processing used refrigerant gas which has previously been used in some type of refrigeration loop such that it meets specifications for new refrigerant gas. In the United States, the Clean Air Act of 1990 requires that used refrigerant be processed by a certified reclaimer, which must be licensed by the United States Environmental Protection Agency (EPA), and the material must be recovered and delivered to the reclaimer by EPA-certified technicians.<sup>[84]</sup>

## Classification of refrigerants

[edit]



R407C pressure-enthalpy diagram, isotherms between the two saturation lines

Main article: List of refrigerants

Refrigerants may be divided into three classes according to their manner of absorption or extraction of heat from the substances to be refrigerated:<sup>[citation needed]</sup>

- Class 1: This class includes refrigerants that cool by phase change (typically boiling), using the refrigerant's latent heat.

- Class 2: These refrigerants cool by temperature change or 'sensible heat', the quantity of heat being the specific heat capacity x the temperature change. They are air, calcium chloride brine, sodium chloride brine, alcohol, and similar nonfreezing solutions. The purpose of Class 2 refrigerants is to receive a reduction of temperature from Class 1 refrigerants and convey this lower temperature to the area to be cooled.
- Class 3: This group consists of solutions that contain absorbed vapors of liquefiable agents or refrigerating media. These solutions function by nature of their ability to carry liquefiable vapors, which produce a cooling effect by the absorption of their heat of solution. They can also be classified into many categories.

## R numbering system

[edit]

The R- numbering system was developed by DuPont (which owned the Freon trademark), and systematically identifies the molecular structure of refrigerants made with a single halogenated hydrocarbon. ASHRAE has since set guidelines for the numbering system as follows:[<sup>85</sup>]

### R-X<sub>1</sub>X<sub>2</sub>X<sub>3</sub>X<sub>4</sub>

- **X<sub>1</sub>** = Number of unsaturated carbon-carbon bonds (omit if zero)
- **X<sub>2</sub>** = Number of carbon atoms minus 1 (omit if zero)
- **X<sub>3</sub>** = Number of hydrogen atoms plus 1
- **X<sub>4</sub>** = Number of fluorine atoms

## Series

[edit]

- **R-xx** Methane Series
- **R-1xx** Ethane Series
- **R-2xx** Propane Series
- **R-4xx** Zeotropic blend
- **R-5xx** Azeotropic blend
- **R-6xx** Saturated hydrocarbons (except for propane which is R-290)
- **R-7xx** Inorganic Compounds with a molar mass < 100
- **R-7xxx** Inorganic Compounds with a molar mass ? 100

## Ethane Derived Chains

[edit]

- **Number Only** Most symmetrical isomer
- **Lower Case Suffix (a, b, c, etc.)** indicates increasingly unsymmetrical isomers

## Propane Derived Chains

[edit]

- **Number Only** If only one isomer exists; otherwise:
- **First lower case suffix (a-f):**
  - **a Suffix**  $\text{Cl}_2$  central carbon substitution
  - **b Suffix**  $\text{Cl}$ ,  $\text{F}$  central carbon substitution
  - **c Suffix**  $\text{F}_2$  central carbon substitution
  - **d Suffix**  $\text{Cl}$ ,  $\text{H}$  central carbon substitution
  - **e Suffix**  $\text{F}$ ,  $\text{H}$  central carbon substitution
  - **f Suffix**  $\text{H}_2$  central carbon substitution
- **2nd Lower Case Suffix (a, b, c, etc.)** Indicates increasingly unsymmetrical isomers

## Propene derivatives

[edit]

- **First lower case suffix (x, y, z):**
  - **x Suffix**  $\text{Cl}$  substitution on central atom
  - **y Suffix**  $\text{F}$  substitution on central atom
  - **z Suffix**  $\text{H}$  substitution on central atom
- **Second lower case suffix (a-f):**
  - **a Suffix**  $=\text{CCl}_2$  methylene substitution
  - **b Suffix**  $=\text{CClF}$  methylene substitution
  - **c Suffix**  $=\text{CF}_2$  methylene substitution
  - **d Suffix**  $=\text{CHCl}$  methylene substitution
  - **e Suffix**  $=\text{CHF}$  methylene substitution
  - **f Suffix**  $=\text{CH}_2$  methylene substitution

## Blends

[edit]

- **Upper Case Suffix (A, B, C, etc.)** Same blend with different compositions of refrigerants

## Miscellaneous

[edit]

- **R-Cxxx** Cyclic compound
- **R-Exxx** Ether group is present
- **R-CExxx** Cyclic compound with an ether group



- **R-4xx/5xx + Upper Case Suffix (A, B, C, etc.)** Same blend with different composition of refrigerants
- **R-6xx + Lower Case Letter** Indicates increasingly unsymmetrical isomers
- **7xx/7xxx + Upper Case Letter** Same molar mass, different compound
- **R-xxxxB#** Bromine is present with the number after B indicating how many bromine atoms
- **R-xxxxI#** Iodine is present with the number after I indicating how many iodine atoms
- **R-xxx(E)** Trans Molecule
- **R-xxx(Z)** Cis Molecule

For example, R-134a has 2 carbon atoms, 2 hydrogen atoms, and 4 fluorine atoms, an empirical formula of tetrafluoroethane. The "a" suffix indicates that the isomer is unbalanced by one atom, giving 1,1,1,2-Tetrafluoroethane. R-134 (without the "a" suffix) would have a molecular structure of 1,1,2,2-Tetrafluoroethane.

The same numbers are used with an R- prefix for generic refrigerants, with a "Propellant" prefix (e.g., "Propellant 12") for the same chemical used as a propellant for an aerosol spray, and with trade names for the compounds, such as "**Freon** 12". Recently, a practice of using abbreviations HFC- for hydrofluorocarbons, CFC- for chlorofluorocarbons, and HCFC- for hydrochlorofluorocarbons has arisen, because of the regulatory differences among these groups.<sup>[*citation needed*]</sup>

## Refrigerant safety

[edit]

ASHRAE Standard 34, *Designation and Safety Classification of Refrigerants*, assigns safety classifications to refrigerants based upon toxicity and flammability.

Using safety information provided by producers, ASHRAE assigns a capital letter to indicate toxicity and a number to indicate flammability. The letter "A" is the least toxic and the number 1 is the least flammable.<sup>[<sup>86</sup>]</sup>

## See also

[edit]

- Brine (Refrigerant)
- Section 608
- List of Refrigerants

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## External links

[edit]

- US Environmental Protection Agency page on the GWPs of various substances
- Green Cooling Initiative on alternative natural refrigerants cooling technologies
- International Institute of Refrigeration Archived 2018-09-25 at the Wayback Machine
- v
- t
- e

Heating, ventilation, and air conditioning

## Fundamental concepts

- Air changes per hour
- Bake-out
- Building envelope
- Convection
- Dilution
- Domestic energy consumption
- Enthalpy
- Fluid dynamics
- Gas compressor
- Heat pump and refrigeration cycle
- Heat transfer
- Humidity
- Infiltration
- Latent heat
- Noise control
- Outgassing
- Particulates
- Psychrometrics
- Sensible heat
- Stack effect
- Thermal comfort
- Thermal destratification
- Thermal mass
- Thermodynamics
- Vapour pressure of water

## **Technology**

- Absorption-compression heat pump
- Absorption refrigerator
- Air barrier
- Air conditioning
- Antifreeze
- Automobile air conditioning
- Autonomous building
- Building insulation materials
- Central heating
- Central solar heating
- Chilled beam
- Chilled water
- Constant air volume (CAV)
- Coolant
- Cross ventilation
- Dedicated outdoor air system (DOAS)
- Deep water source cooling
- Demand controlled ventilation (DCV)
- Displacement ventilation
- District cooling
- District heating
- Electric heating
- Energy recovery ventilation (ERV)
- Firestop
- Forced-air
- Forced-air gas
- Free cooling
- Heat recovery ventilation (HRV)
- Hybrid heat
- Hydronics
- Ice storage air conditioning
- Kitchen ventilation
- Mixed-mode ventilation
- Microgeneration
- Passive cooling
- Passive daytime radiative cooling
- Passive house
- Passive ventilation
- Radiant heating and cooling
- Radiant cooling
- Radiant heating
- Radon mitigation
- Refrigeration
- Renewable heat
- Room air distribution
- Solar air heat
- Solar combisystem
- Solar cooling
- Solar heating



- Air conditioner inverter
- Air door
- Air filter
- Air handler
- Air ionizer
- Air-mixing plenum
- Air purifier
- Air source heat pump
- Attic fan
- Automatic balancing valve
- Back boiler
- Barrier pipe
- Blast damper
- Boiler
- Centrifugal fan
- Ceramic heater
- Chiller
- Condensate pump
- Condenser
- Condensing boiler
- Convection heater
- Compressor
- Cooling tower
- Damper
- Dehumidifier
- Duct
- Economizer
- Electrostatic precipitator
- Evaporative cooler
- Evaporator
- Exhaust hood
- Expansion tank
- Fan
- Fan coil unit
- Fan filter unit
- Fan heater
- Fire damper
- Fireplace
- Fireplace insert
- Freeze stat
- Flue
- Freon
- Fume hood
- Furnace
- Gas compressor
- Gas heater
- Gasoline heater
- Grease duct
- Grille

**Measurement  
and control**

- Air flow meter
- Aquastat
- BACnet
- Blower door
- Building automation
- Carbon dioxide sensor
- Clean air delivery rate (CADR)
- Control valve
- Gas detector
- Home energy monitor
- Humidistat
- HVAC control system
- Infrared thermometer
- Intelligent buildings
- LonWorks
- Minimum efficiency reporting value (MERV)
- Normal temperature and pressure (NTP)
- OpenTherm
- Programmable communicating thermostat
- Programmable thermostat
- Psychrometrics
- Room temperature
- Smart thermostat
- Standard temperature and pressure (STP)
- Thermographic camera
- Thermostat
- Thermostatic radiator valve
- Architectural acoustics
- Architectural engineering
- Architectural technologist
- Building services engineering
- Building information modeling (BIM)
- Deep energy retrofit
- Duct cleaning
- Duct leakage testing
- Environmental engineering
- Hydronic balancing
- Kitchen exhaust cleaning
- Mechanical engineering
- Mechanical, electrical, and plumbing
- Mold growth, assessment, and remediation
- Refrigerant reclamation
- Testing, adjusting, balancing

**Professions,  
trades,  
and services**

**Industry organizations**

- AHRI
- AMCA
- ASHRAE
- ASTM International
- BRE
- BSRIA
- CIBSE
- Institute of Refrigeration
- IIR
- LEED
- SMACNA
- UMC

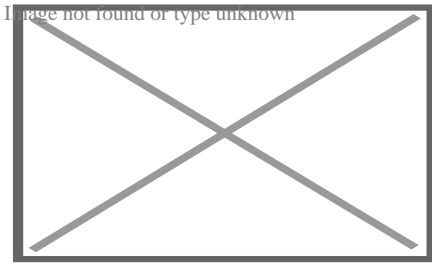
**Health and safety**

- Indoor air quality (IAQ)
- Passive smoking
- Sick building syndrome (SBS)
- Volatile organic compound (VOC)
- ASHRAE Handbook
- Building science
- Fireproofing

**See also**

- Glossary of HVAC terms
- Warm Spaces
- World Refrigeration Day
- Template:Home automation
- Template:Solar energy

**Authority control databases: National**  **United States**  **France**  **Germany**  **Italy**  **Japan**  **Spain**  **United Kingdom**  **Israel**  **Poland**  **Portugal**  **Russia**  **Soviet Union**  **Sweden**  **Switzerland**  **United States**  **World**  **Wikidata**



A thermal image of human

**Thermal comfort** is the condition of mind that expresses subjective satisfaction with the thermal environment.<sup>[1]</sup> The human body can be viewed as a heat engine where food is the input energy. The human body will release excess heat into the environment, so the body can continue to operate. The heat transfer is proportional to temperature difference. In cold environments, the body loses more heat to the environment and in hot environments the body does not release enough heat. Both the hot and cold scenarios lead to discomfort.<sup>[2]</sup> Maintaining this standard of thermal comfort for occupants of buildings or other enclosures is one of the important goals of HVAC (heating, ventilation, and air conditioning) design engineers.

Thermal neutrality is maintained when the heat generated by human metabolism is allowed to dissipate, thus maintaining thermal equilibrium with the surroundings. The main factors that influence thermal neutrality are those that determine heat gain and loss, namely metabolic rate, clothing insulation, air temperature, mean radiant temperature, air speed and relative humidity. Psychological parameters, such as individual expectations, and physiological parameters also affect thermal neutrality.<sup>[3]</sup> Neutral temperature is the temperature that can lead to thermal neutrality and it may vary greatly between individuals and depending on factors such as activity level, clothing, and humidity. People are highly sensitive to even small differences in environmental temperature. At 24 °C, a difference of 0.38 °C can be detected between the temperature of two rooms.<sup>[4]</sup>

The Predicted Mean Vote (PMV) model stands among the most recognized thermal comfort models. It was developed using principles of heat balance and experimental data collected in a controlled climate chamber under steady state conditions.<sup>[5]</sup> The adaptive model, on the other hand, was developed based on hundreds of field studies with the idea that occupants dynamically interact with their environment. Occupants control their thermal environment by means of clothing, operable windows, fans, personal heaters, and sun shades.<sup>[3][6]</sup> The PMV model can be applied to air-conditioned buildings, while the adaptive model can be applied only to buildings where no mechanical systems have been installed.<sup>[1]</sup> There is no consensus about which comfort model should be applied for buildings that are partially air-conditioned spatially or temporally.

Thermal comfort calculations in accordance with the ANSI/ASHRAE Standard 55,<sup>[1]</sup> the ISO 7730 Standard<sup>[7]</sup> and the EN 16798-1 Standard<sup>[8]</sup> can be freely performed with either the CBE Thermal Comfort Tool for ASHRAE 55,<sup>[9]</sup> with the Python package pythermalcomfort<sup>[10]</sup> or with the R package `comf`.

## Significance

[edit]

Satisfaction with the thermal environment is important because thermal conditions are potentially life-threatening for humans if the core body temperature reaches conditions of hyperthermia, above 37.5–38.3 °C (99.5–100.9 °F),<sup>[11]</sup><sup>[12]</sup> or hypothermia, below 35.0 °C (95.0 °F).<sup>[13]</sup> Buildings modify the conditions of the external environment and reduce the effort that the human body needs to do in order to stay stable at a normal human body temperature, important for the correct functioning of human physiological processes.

The Roman writer Vitruvius actually linked this purpose to the birth of architecture.<sup>[14]</sup> David Linden also suggests that the reason why we associate tropical beaches with paradise is because in those environments is where human bodies need to do less metabolic effort to maintain their core temperature.<sup>[15]</sup> Temperature not only supports human life; coolness and warmth have also become in different cultures a symbol of protection, community and even the sacred.<sup>[16]</sup>

In building science studies, thermal comfort has been related to productivity and health. Office workers who are satisfied with their thermal environment are more productive.<sup>[17]</sup> <sup>[18]</sup> The combination of high temperature and high relative humidity reduces thermal comfort and indoor air quality.<sup>[19]</sup>

Although a single static temperature can be comfortable, people are attracted by thermal changes, such as campfires and cool pools. Thermal pleasure is caused by varying thermal sensations from a state of unpleasantness to a state of pleasantness, and the scientific term for it is positive thermal alliesthesia.<sup>[20]</sup> From a state of thermal neutrality or comfort any change will be perceived as unpleasant.<sup>[21]</sup> This challenges the assumption that mechanically controlled buildings should deliver uniform temperatures and comfort, if it is at the cost of excluding thermal pleasure.<sup>[22]</sup>

## Influencing factors

[edit]

Since there are large variations from person to person in terms of physiological and psychological satisfaction, it is hard to find an optimal temperature for everyone in a given space. Laboratory and field data have been collected to define conditions that will

be found comfortable for a specified percentage of occupants.<sup>[1]</sup>

There are numerous factors that directly affect thermal comfort that can be grouped in two categories:

1. **Personal factors** – characteristics of the occupants such as metabolic rate and clothing level
2. **Environmental factors** – which are conditions of the thermal environment, specifically air temperature, mean radiant temperature, air speed and humidity

Even if all these factors may vary with time, standards usually refer to a steady state to study thermal comfort, just allowing limited temperature variations.

## Personal factors

[edit]

## Metabolic rate

[edit]

Main article: Metabolic rate

People have different metabolic rates that can fluctuate due to activity level and environmental conditions.<sup>[23][24][25]</sup> ASHRAE 55-2017 defines metabolic rate as the rate of transformation of chemical energy into heat and mechanical work by metabolic activities of an individual, per unit of skin surface area.<sup>[1]</sup>

$\dot{M} = \frac{M}{A}$ , where  $\dot{M}$  is metabolic rate,  $M$  is metabolic energy rate, and  $A$  is skin surface area.

Metabolic rate is expressed in units of met, equal to 58.2 W/m<sup>2</sup> (18.4 Btu/h·ft<sup>2</sup>). One met is equal to the energy produced per unit surface area of an average person seated at rest.

ASHRAE 55 provides a table of metabolic rates for a variety of activities. Some common values are 0.7 met for sleeping, 1.0 met for a seated and quiet position, 1.2–1.4 met for light activities standing, 2.0 met or more for activities that involve movement, walking, lifting heavy loads or operating machinery. For intermittent activity, the standard states that it is permissible to use a time-weighted average metabolic rate if individuals are performing activities that vary over a period of one hour or less. For longer periods, different metabolic rates must be considered.<sup>[1]</sup>

According to ASHRAE Handbook of Fundamentals, estimating metabolic rates is complex, and for levels above 2 or 3 met – especially if there are various ways of performing such activities – the accuracy is low. Therefore, the standard is not applicable for activities with an average level higher than 2 met. Met values can also be

determined more accurately than the tabulated ones, using an empirical equation that takes into account the rate of respiratory oxygen consumption and carbon dioxide production. Another physiological yet less accurate method is related to the heart rate, since there is a relationship between the latter and oxygen consumption.<sup>[26]</sup>

The Compendium of Physical Activities is used by physicians to record physical activities. It has a different definition of met that is the ratio of the metabolic rate of the activity in question to a resting metabolic rate.<sup>[27]</sup> As the formulation of the concept is different from the one that ASHRAE uses, these met values cannot be used directly in PMV calculations, but it opens up a new way of quantifying physical activities.

Food and drink habits may have an influence on metabolic rates, which indirectly influences thermal preferences. These effects may change depending on food and drink intake.<sup>[28]</sup>

Body shape is another factor that affects metabolic rate and hence thermal comfort. Heat dissipation depends on body surface area. The surface area of an average person is  $1.8 \text{ m}^2$  ( $19 \text{ ft}^2$ ).<sup>[1]</sup> A tall and skinny person has a larger surface-to-volume ratio, can dissipate heat more easily, and can tolerate higher temperatures more than a person with a rounded body shape.<sup>[28]</sup>

## **Clothing insulation**

[edit]

Main article: Clothing insulation

The amount of thermal insulation worn by a person has a substantial impact on thermal comfort, because it influences the heat loss and consequently the thermal balance. Layers of insulating clothing prevent heat loss and can either help keep a person warm or lead to overheating. Generally, the thicker the garment is, the greater insulating ability it has. Depending on the type of material the clothing is made out of, air movement and relative humidity can decrease the insulating ability of the material.<sup>[29][30]</sup>

1 clo is equal to  $0.155 \text{ m}^2 \cdot \text{K/W}$  ( $0.88 \text{ }^\circ\text{F} \cdot \text{ft}^2 \cdot \text{h/Btu}$ ). This corresponds to trousers, a long sleeved shirt, and a jacket. Clothing insulation values for other common ensembles or single garments can be found in ASHRAE 55.<sup>[1]</sup>

## **Skin wetness**

[edit]

Skin wetness is defined as "the proportion of the total skin surface area of the body covered with sweat".<sup>[31]</sup> The wetness of skin in different areas also affects perceived thermal comfort. Humidity can increase wetness in different areas of the body, leading to a perception of discomfort. This is usually localized in different parts of the body, and local thermal comfort limits for skin wetness differ by locations of the body.<sup>[32]</sup> The extremities are much more sensitive to thermal discomfort from wetness than the trunk of the body. Although local thermal discomfort can be caused by wetness, the thermal comfort of the whole body will not be affected by the wetness of certain parts.

## **Environmental factors**

[edit]

### **Air temperature**

[edit]

Main article: Dry-bulb temperature

The air temperature is the average temperature of the air surrounding the occupant, with respect to location and time. According to ASHRAE 55 standard, the spatial average takes into account the ankle, waist and head levels, which vary for seated or standing occupants. The temporal average is based on three-minutes intervals with at least 18 equally spaced points in time. Air temperature is measured with a dry-bulb thermometer and for this reason it is also known as dry-bulb temperature.

### **Mean radiant temperature**

[edit]

Main article: Mean radiant temperature

The radiant temperature is related to the amount of radiant heat transferred from a surface, and it depends on the material's ability to absorb or emit heat, or its emissivity. The mean radiant temperature depends on the temperatures and emissivities of the surrounding surfaces as well as the view factor, or the amount of the surface that is "seen" by the object. So the mean radiant temperature experienced by a person in a room with the sunlight streaming in varies based on how much of their body is in the sun.

### **Air speed**

[edit]



Air speed is defined as the rate of air movement at a point, without regard to direction. According to ANSI/ASHRAE Standard 55, it is the average speed of the air surrounding a representative occupant, with respect to location and time. The spatial average is for three heights as defined for average air temperature. For an occupant moving in a space the sensors shall follow the movements of the occupant. The air speed is averaged over an interval not less than one and not greater than three minutes. Variations that occur over a period greater than three minutes shall be treated as multiple different air speeds.<sup>[33]</sup>

## Relative humidity

[edit]

Main article: Relative humidity

Relative humidity (RH) is the ratio of the amount of water vapor in the air to the amount of water vapor that the air could hold at the specific temperature and pressure. While the human body has thermoreceptors in the skin that enable perception of temperature, relative humidity is detected indirectly. Sweating is an effective heat loss mechanism that relies on evaporation from the skin. However at high RH, the air has close to the maximum water vapor that it can hold, so evaporation, and therefore heat loss, is decreased. On the other hand, very dry environments (RH < 20–30%) are also uncomfortable because of their effect on the mucous membranes. The recommended level of indoor humidity is in the range of 30–60% in air conditioned buildings,<sup>[34][35]</sup> but new standards such as the adaptive model allow lower and higher humidity, depending on the other factors involved in thermal comfort.

Recently, the effects of low relative humidity and high air velocity were tested on humans after bathing. Researchers found that low relative humidity engendered thermal discomfort as well as the sensation of dryness and itching. It is recommended to keep relative humidity levels higher in a bathroom than other rooms in the house for optimal conditions.<sup>[36]</sup>

Various types of apparent temperature have been developed to combine air temperature and air humidity. For higher temperatures, there are quantitative scales, such as the heat index. For lower temperatures, a related interplay was identified only qualitatively:

- High humidity and low temperatures cause the air to feel chilly.<sup>[37]</sup>
- Cold air with high relative humidity "feels" colder than dry air of the same temperature because high humidity in cold weather increases the conduction of heat from the body.<sup>[38]</sup>

There has been controversy over why damp cold air feels colder than dry cold air. Some believe it is because when the humidity is high, our skin and clothing become moist and

are better conductors of heat, so there is more cooling by conduction.[<sup>39</sup>]

The influence of humidity can be exacerbated with the combined use of fans (forced convection cooling).[<sup>40</sup>]

### Natural ventilation

[edit]

Main article: Natural ventilation

Many buildings use an HVAC unit to control their thermal environment. Other buildings are naturally ventilated (or would have cross ventilation) and do not rely on mechanical systems to provide thermal comfort. Depending on the climate, this can drastically reduce energy consumption. It is sometimes seen as a risk, though, since indoor temperatures can be too extreme if the building is poorly designed. Properly designed, naturally ventilated buildings keep indoor conditions within the range where opening windows and using fans in the summer, and wearing extra clothing in the winter, can keep people thermally comfortable.[<sup>41</sup>]

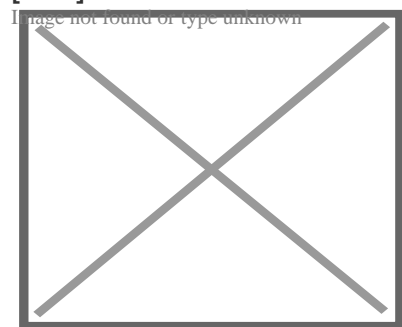
### Models and indices

[edit]

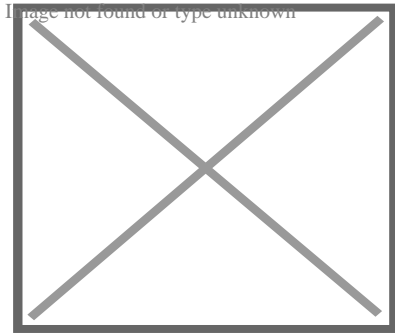
There are several different models or indices that can be used to assess thermal comfort conditions indoors as described below.

### PMV/PPD method

[edit]



Psychrometric Chart



Temperature-relative humidity chart  
Two alternative representations of thermal comfort for the PMV/PPD method

The PMV/PPD model was developed by P.O. Fanger using heat-balance equations and empirical studies about skin temperature to define comfort. Standard thermal comfort surveys ask subjects about their thermal sensation on a seven-point scale from cold (-3) to hot (+3). Fanger's equations are used to calculate the predicted mean vote (PMV) of a group of subjects for a particular combination of air temperature, mean radiant temperature, relative humidity, air speed, metabolic rate, and clothing insulation.<sup>[5]</sup> PMV equal to zero is representing thermal neutrality, and the comfort zone is defined by the combinations of the six parameters for which the PMV is within the recommended limits ( $-0.5 < \text{PMV} < +0.5$ ).<sup>[1]</sup> Although predicting the thermal sensation of a population is an important step in determining what conditions are comfortable, it is more useful to consider whether or not people will be satisfied. Fanger developed another equation to relate the PMV to the Predicted Percentage of Dissatisfied (PPD). This relation was based on studies that surveyed subjects in a chamber where the indoor conditions could be precisely controlled.<sup>[5]</sup>

The PMV/PPD model is applied globally but does not directly take into account the adaptation mechanisms and outdoor thermal conditions.<sup>[3][42][43]</sup>

ASHRAE Standard 55-2017 uses the PMV model to set the requirements for indoor thermal conditions. It requires that at least 80% of the occupants be satisfied.<sup>[1]</sup>

The CBE Thermal Comfort Tool for ASHRAE 55<sup>[9]</sup> allows users to input the six comfort parameters to determine whether a certain combination complies with ASHRAE 55. The results are displayed on a psychrometric or a temperature-relative humidity chart and indicate the ranges of temperature and relative humidity that will be comfortable with the given the values input for the remaining four parameters.<sup>[44]</sup>

The PMV/PPD model has a low prediction accuracy.<sup>[45]</sup> Using the world largest thermal comfort field survey database,<sup>[46]</sup> the accuracy of PMV in predicting occupant's thermal

sensation was only 34%, meaning that the thermal sensation is correctly predicted one out of three times. The PPD was overestimating subject's thermal unacceptability outside the thermal neutrality ranges (-1?PMV?1). The PMV/PPD accuracy varies strongly between ventilation strategies, building types and climates.[<sup>45</sup>]

## **Elevated air speed method**

[edit]

ASHRAE 55 2013 accounts for air speeds above 0.2 metres per second (0.66 ft/s) separately than the baseline model. Because air movement can provide direct cooling to people, particularly if they are not wearing much clothing, higher temperatures can be more comfortable than the PMV model predicts. Air speeds up to 0.8 m/s (2.6 ft/s) are allowed without local control, and 1.2 m/s is possible with local control. This elevated air movement increases the maximum temperature for an office space in the summer to 30 °C from 27.5 °C (86.0–81.5 °F).[<sup>1</sup>]

## **Virtual Energy for Thermal Comfort**

[edit]

"Virtual Energy for Thermal Comfort" is the amount of energy that will be required to make a non-air-conditioned building relatively as comfortable as one with air-conditioning. This is based on the assumption that the home will eventually install air-conditioning or heating.[<sup>47</sup>] Passive design improves thermal comfort in a building, thus reducing demand for heating or cooling. In many developing countries, however, most occupants do not currently heat or cool, due to economic constraints, as well as climate conditions which border lines comfort conditions such as cold winter nights in Johannesburg (South Africa) or warm summer days in San Jose, Costa Rica. At the same time, as incomes rise, there is a strong tendency to introduce cooling and heating systems. If we recognize and reward passive design features that improve thermal comfort today, we diminish the risk of having to install HVAC systems in the future, or we at least ensure that such systems will be smaller and less frequently used. Or in case the heating or cooling system is not installed due to high cost, at least people should not suffer from discomfort indoors. To provide an example, in San Jose, Costa Rica, if a house were being designed with high level of glazing and small opening sizes, the internal temperature would easily rise above 30 °C (86 °F) and natural ventilation would not be enough to remove the internal heat gains and solar gains. This is why Virtual Energy for Comfort is important.

World Bank's assessment tool the EDGE software (Excellence in Design for Greater Efficiencies) illustrates the potential issues with discomfort in buildings and has created

the concept of Virtual Energy for Comfort which provides for a way to present potential thermal discomfort. This approach is used to award for design solutions which improves thermal comfort even in a fully free running building. Despite the inclusion of requirements for overheating in CIBSE, overcooling has not been assessed. However, overcooling can be an issue, mainly in the developing world, for example in cities such as Lima (Peru), Bogota, and Delhi, where cooler indoor temperatures can occur frequently. This may be a new area for research and design guidance for reduction of discomfort.

## Cooling Effect

[edit]

ASHRAE 55-2017 defines the Cooling Effect (CE) at elevated air speed (above 0.2 metres per second (0.66 ft/s)) as the value that, when subtracted from both the air temperature and the mean radiant temperature, yields the same SET value under still air (0.1 m/s) as in the first SET calculation under elevated air speed.<sup>[1]</sup>

$$\text{SET}(t_a, t_r, v, \text{met}, \text{clo}, \text{RH}) = \text{SET}(t_a - \text{CE}, t_r - \text{CE}, v = 0.1, \text{met}, \text{clo}, \text{RH})$$

The CE can be used to determine the PMV adjusted for an environment with elevated air speed using the adjusted temperature, the adjusted radiant temperature and still air (0.2 metres per second (0.66 ft/s)). Where the adjusted temperatures are equal to the original air and mean radiant temperatures minus the CE.

## Local thermal discomfort

[edit]

Avoiding local thermal discomfort, whether caused by a vertical air temperature difference between the feet and the head, by an asymmetric radiant field, by local convective cooling (draft), or by contact with a hot or cold floor, is essential to providing acceptable thermal comfort. People are generally more sensitive to local discomfort when their thermal sensation is cooler than neutral, while they are less sensitive to it when their body is warmer than neutral.<sup>[33]</sup>

## Radiant temperature asymmetry

[edit]

Large differences in the thermal radiation of the surfaces surrounding a person may cause local discomfort or reduce acceptance of the thermal conditions. ASHRAE Standard 55 sets limits on the allowable temperature differences between various surfaces. Because people are more sensitive to some asymmetries than others, for example that of a warm ceiling versus that of hot and cold vertical surfaces, the limits depend on which surfaces are involved. The ceiling is not allowed to be more than +5 °C (9.0 °F) warmer, whereas a wall may be up to +23 °C (41 °F) warmer than the other surfaces.[<sup>1</sup>]

## **Draft**

[edit]

While air movement can be pleasant and provide comfort in some circumstances, it is sometimes unwanted and causes discomfort. This unwanted air movement is called "draft" and is most prevalent when the thermal sensation of the whole body is cool. People are most likely to feel a draft on uncovered body parts such as their head, neck, shoulders, ankles, feet, and legs, but the sensation also depends on the air speed, air temperature, activity, and clothing.[<sup>1</sup>]

## **Floor surface temperature**

[edit]

Floors that are too warm or too cool may cause discomfort, depending on footwear. ASHRAE 55 recommends that floor temperatures stay in the range of 19–29 °C (66–84 °F) in spaces where occupants will be wearing lightweight shoes.[<sup>1</sup>]

## **Standard effective temperature**

[edit]

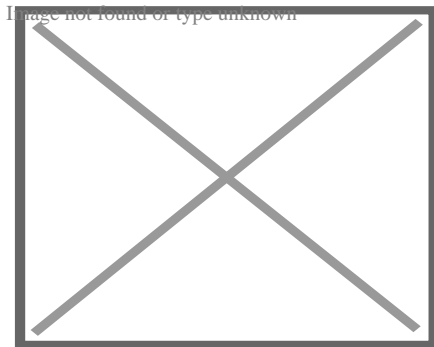
Standard effective temperature (SET) is a model of human response to the thermal environment. Developed by A.P. Gagge and accepted by ASHRAE in 1986,[<sup>48</sup>] it is also referred to as the Pierce Two-Node model.[<sup>49</sup>] Its calculation is similar to PMV because it is a comprehensive comfort index based on heat-balance equations that incorporates the personal factors of clothing and metabolic rate. Its fundamental difference is it takes a two-node method to represent human physiology in measuring skin temperature and skin wettedness.[<sup>48</sup>]

The SET index is defined as the equivalent dry bulb temperature of an isothermal environment at 50% relative humidity in which a subject, while wearing clothing standardized for activity concerned, would have the same heat stress (skin temperature) and thermoregulatory strain (skin wettedness) as in the actual test environment.[48]

Research has tested the model against experimental data and found it tends to overestimate skin temperature and underestimate skin wettedness.[49][50] Fountain and Huizenga (1997) developed a thermal sensation prediction tool that computes SET.[51] The SET index can also be calculated using either the CBE Thermal Comfort Tool for ASHRAE 55,[9] the Python package pythermalcomfort,[10] or the R package conf.

## Adaptive comfort model

[edit]



Adaptive chart according to ASHRAE Standard 55-2010

The adaptive model is based on the idea that outdoor climate might be used as a proxy of indoor comfort because of a statistically significant correlation between them. The adaptive hypothesis predicts that contextual factors, such as having access to environmental controls, and past thermal history can influence building occupants' thermal expectations and preferences.[3] Numerous researchers have conducted field studies worldwide in which they survey building occupants about their thermal comfort while taking simultaneous environmental measurements. Analyzing a database of results from 160 of these buildings revealed that occupants of naturally ventilated buildings accept and even prefer a wider range of temperatures than their counterparts in sealed, air-conditioned buildings because their preferred temperature depends on outdoor conditions.[3] These results were incorporated in the ASHRAE 55-2004 standard as the adaptive comfort model. The adaptive chart relates indoor comfort temperature to prevailing outdoor temperature and defines zones of 80% and 90% satisfaction.[1]

The ASHRAE-55 2010 Standard introduced the prevailing mean outdoor temperature as the input variable for the adaptive model. It is based on the arithmetic average of the mean daily outdoor temperatures over no fewer than 7 and no more than 30 sequential

days prior to the day in question.<sup>[1]</sup> It can also be calculated by weighting the temperatures with different coefficients, assigning increasing importance to the most recent temperatures. In case this weighting is used, there is no need to respect the upper limit for the subsequent days. In order to apply the adaptive model, there should be no mechanical cooling system for the space, occupants should be engaged in sedentary activities with metabolic rates of 1–1.3 met, and a prevailing mean temperature of 10–33.5 °C (50.0–92.3 °F).<sup>[1]</sup>

This model applies especially to occupant-controlled, natural-conditioned spaces, where the outdoor climate can actually affect the indoor conditions and so the comfort zone. In fact, studies by de Dear and Brager showed that occupants in naturally ventilated buildings were tolerant of a wider range of temperatures.<sup>[3]</sup> This is due to both behavioral and physiological adjustments, since there are different types of adaptive processes.<sup>[52]</sup> ASHRAE Standard 55-2010 states that differences in recent thermal experiences, changes in clothing, availability of control options, and shifts in occupant expectations can change people's thermal responses.<sup>[1]</sup>

Adaptive models of thermal comfort are implemented in other standards, such as European EN 15251 and ISO 7730 standard. While the exact derivation methods and results are slightly different from the ASHRAE 55 adaptive standard, they are substantially the same. A larger difference is in applicability. The ASHRAE adaptive standard only applies to buildings without mechanical cooling installed, while EN15251 can be applied to mixed-mode buildings, provided the system is not running.<sup>[53]</sup>

There are basically three categories of thermal adaptation, namely: behavioral, physiological, and psychological.

## **Psychological adaptation**

[edit]

An individual's comfort level in a given environment may change and adapt over time due to psychological factors. Subjective perception of thermal comfort may be influenced by the memory of previous experiences. Habituation takes place when repeated exposure moderates future expectations, and responses to sensory input. This is an important factor in explaining the difference between field observations and PMV predictions (based on the static model) in naturally ventilated buildings. In these buildings, the relationship with the outdoor temperatures has been twice as strong as predicted.<sup>[3]</sup>

Psychological adaptation is subtly different in the static and adaptive models. Laboratory tests of the static model can identify and quantify non-heat transfer (psychological) factors that affect reported comfort. The adaptive model is limited to reporting



differences (called psychological) between modeled and reported comfort. [*citation needed*]

Thermal comfort as a "condition of mind" is *defined* in psychological terms. Among the factors that affect the condition of mind (in the laboratory) are a sense of control over the temperature, knowledge of the temperature and the appearance of the (test) environment. A thermal test chamber that appeared residential "felt" warmer than one which looked like the inside of a refrigerator. [54]

## Physiological adaptation

[edit]

Further information: Thermoregulation

The body has several thermal adjustment mechanisms to survive in drastic temperature environments. In a cold environment the body utilizes vasoconstriction; which reduces blood flow to the skin, skin temperature and heat dissipation. In a warm environment, vasodilation will increase blood flow to the skin, heat transport, and skin temperature and heat dissipation. [55] If there is an imbalance despite the vasomotor adjustments listed above, in a warm environment sweat production will start and provide evaporative cooling. If this is insufficient, hyperthermia will set in, body temperature may reach 40 °C (104 °F), and heat stroke may occur. In a cold environment, shivering will start, involuntarily forcing the muscles to work and increasing the heat production by up to a factor of 10. If equilibrium is not restored, hypothermia can set in, which can be fatal. [55] Long-term adjustments to extreme temperatures, of a few days to six months, may result in cardiovascular and endocrine adjustments. A hot climate may create increased blood volume, improving the effectiveness of vasodilation, enhanced performance of the sweat mechanism, and the readjustment of thermal preferences. In cold or underheated conditions, vasoconstriction can become permanent, resulting in decreased blood volume and increased body metabolic rate. [55]

## Behavioral adaptation

[edit]

In naturally ventilated buildings, occupants take numerous actions to keep themselves comfortable when the indoor conditions drift towards discomfort. Operating windows and fans, adjusting blinds/shades, changing clothing, and consuming food and drinks are some of the common adaptive strategies. Among these, adjusting windows is the most common. [56] Those occupants who take these sorts of actions tend to feel cooler at warmer temperatures than those who do not. [57]

The behavioral actions significantly influence energy simulation inputs, and researchers are developing behavior models to improve the accuracy of simulation results. For example, there are many window-opening models that have been developed to date, but there is no consensus over the factors that trigger window opening.<sup>[56]</sup>

People might adapt to seasonal heat by becoming more nocturnal, doing physical activity and even conducting business at night.

## **Specificity and sensitivity**

[edit]

## **Individual differences**

[edit]

Further information: Cold sensitivity

The thermal sensitivity of an individual is quantified by the descriptor *FS*, which takes on higher values for individuals with lower tolerance to non-ideal thermal conditions.<sup>[58]</sup> This group includes pregnant women, the disabled, as well as individuals whose age is below fourteen or above sixty, which is considered the adult range. Existing literature provides consistent evidence that sensitivity to hot and cold surfaces usually declines with age. There is also some evidence of a gradual reduction in the effectiveness of the body in thermo-regulation after the age of sixty.<sup>[58]</sup> This is mainly due to a more sluggish response of the counteraction mechanisms in lower parts of the body that are used to maintain the core temperature of the body at ideal values.<sup>[58]</sup> Seniors prefer warmer temperatures than young adults (76 vs 72 degrees F or 24.4 vs 22.2 Celsius).<sup>[54]</sup>

Situational factors include the health, psychological, sociological, and vocational activities of the persons.

## **Biological sex differences**

[edit]

While thermal comfort preferences between sexes seem to be small, there are some average differences. Studies have found males on average report discomfort due to rises in temperature much earlier than females. Males on average also estimate higher levels of their sensation of discomfort than females. One recent study tested males and females in the same cotton clothing, performing mental jobs while using a dial vote to report their thermal comfort to the changing temperature.<sup>[59]</sup> Many times, females preferred higher temperatures than males. But while females tend to be more sensitive to temperatures, males tend to be more sensitive to relative-humidity levels.<sup>[60][61]</sup>

An extensive field study was carried out in naturally ventilated residential buildings in Kota Kinabalu, Sabah, Malaysia. This investigation explored the sexes thermal sensitivity to the indoor environment in non-air-conditioned residential buildings. Multiple hierarchical regression for categorical moderator was selected for data analysis; the result showed that as a group females were slightly more sensitive than males to the indoor air temperatures, whereas, under thermal neutrality, it was found that males and females have similar thermal sensation.[<sup>62</sup>]

## Regional differences

[edit]

In different areas of the world, thermal comfort needs may vary based on climate. In China[*where?*] the climate has hot humid summers and cold winters, causing a need for efficient thermal comfort. Energy conservation in relation to thermal comfort has become a large issue in China in the last several decades due to rapid economic and population growth.[<sup>63</sup>] Researchers are now looking into ways to heat and cool buildings in China for lower costs and also with less harm to the environment.

In tropical areas of Brazil, urbanization is creating urban heat islands (UHI). These are urban areas that have risen over the thermal comfort limits due to a large influx of people and only drop within the comfortable range during the rainy season.[<sup>64</sup>] Urban heat islands can occur over any urban city or built-up area with the correct conditions.[<sup>65</sup>][<sup>66</sup>]

In the hot, humid region of Saudi Arabia, the issue of thermal comfort has been important in mosques, because they are very large open buildings that are used only intermittently (very busy for the noon prayer on Fridays) it is hard to ventilate them properly. The large size requires a large amount of ventilation, which requires a lot of energy since the buildings are used only for short periods of time. Temperature regulation in mosques is a challenge due to the intermittent demand, leading to many mosques being either too hot or too cold. The stack effect also comes into play due to their large size and creates a large layer of hot air above the people in the mosque. New designs have placed the ventilation systems lower in the buildings to provide more temperature control at ground level.[<sup>67</sup>] New monitoring steps are also being taken to improve efficiency.[<sup>68</sup>]

## Thermal stress

[edit]

Not to be confused with thermal stress on objects, which describes the change materials experience when subject to extreme temperatures.

The concept of thermal comfort is closely related to thermal stress. This attempts to predict the impact of solar radiation, air movement, and humidity for military personnel undergoing training exercises or athletes during competitive events. Several thermal stress indices have been proposed, such as the Predicted Heat Strain (PHS) or the humidex.<sup>[69]</sup> Generally, humans do not perform well under thermal stress. People's performances under thermal stress is about 11% lower than their performance at normal thermal wet conditions. Also, human performance in relation to thermal stress varies greatly by the type of task which the individual is completing. Some of the physiological effects of thermal heat stress include increased blood flow to the skin, sweating, and increased ventilation.<sup>[70][71]</sup>

## **Predicted Heat Strain (PHS)**

[edit]

The PHS model, developed by the International Organization for Standardization (ISO) committee, allows the analytical evaluation of the thermal stress experienced by a working subject in a hot environment.<sup>[72]</sup> It describes a method for predicting the sweat rate and the internal core temperature that the human body will develop in response to the working conditions. The PHS is calculated as a function of several physical parameters, consequently it makes it possible to determine which parameter or group of parameters should be modified, and to what extent, in order to reduce the risk of physiological strains. The PHS model does not predict the physiological response of an individual subject, but only considers standard subjects in good health and fit for the work they perform. The PHS can be determined using either the Python package `pythermalcomfort`<sup>[10]</sup> or the R package `comf`.

## **American Conference on Governmental Industrial Hygienists (ACGIH) Action Limits and Threshold Limit Values**

[edit]

ACGIH has established Action Limits and Threshold Limit Values for heat stress based upon the estimated metabolic rate of a worker and the environmental conditions the worker is subjected to.

This methodology has been adopted by the Occupational Safety and Health Administration (OSHA) as an effective method of assessing heat stress within workplaces.<sup>[73]</sup>

## **Research**

[edit]

The factors affecting thermal comfort were explored experimentally in the 1970s. Many of these studies led to the development and refinement of ASHRAE Standard 55 and were performed at Kansas State University by Ole Fanger and others. Perceived comfort was found to be a complex interaction of these variables. It was found that the majority of individuals would be satisfied by an ideal set of values. As the range of values deviated progressively from the ideal, fewer and fewer people were satisfied. This observation could be expressed statistically as the percent of individuals who expressed satisfaction by *comfort conditions* and the *predicted mean vote* (PMV). This approach was challenged by the adaptive comfort model, developed from the ASHRAE 884 project, which revealed that occupants were comfortable in a broader range of temperatures.[<sup>3</sup>]

This research is applied to create Building Energy Simulation (BES) programs for residential buildings. Residential buildings in particular can vary much more in thermal comfort than public and commercial buildings. This is due to their smaller size, the variations in clothing worn, and different uses of each room. The main rooms of concern are bathrooms and bedrooms. Bathrooms need to be at a temperature comfortable for a human with or without clothing. Bedrooms are of importance because they need to accommodate different levels of clothing and also different metabolic rates of people asleep or awake.[<sup>74</sup>] Discomfort hours is a common metric used to evaluate the thermal performance of a space.

Thermal comfort research in clothing is currently being done by the military. New air-ventilated garments are being researched to improve evaporative cooling in military settings. Some models are being created and tested based on the amount of cooling they provide.[<sup>75</sup>]

In the last twenty years, researchers have also developed advanced thermal comfort models that divide the human body into many segments, and predict local thermal discomfort by considering heat balance.[<sup>76</sup>][<sup>77</sup>][<sup>78</sup>] This has opened up a new arena of thermal comfort modeling that aims at heating/cooling selected body parts.

Another area of study is the hue-heat hypothesis that states that an environment with warm colors (red, orange yellow hues) will feel warmer in terms of temperature and comfort, while an environment with cold colors (blue, green hues) will feel cooler.[<sup>79</sup>][<sup>80</sup>][<sup>81</sup>] The hue-heat hypothesis has both been investigated scientifically[<sup>82</sup>] and ingrained in popular culture in the terms warm and cold colors [<sup>83</sup>]

## **Medical environments**

[edit]



This section **relies largely or entirely on a single source**. Relevant discussion may be found on the talk page. Please help improve this article by introducing citations to additional sources.

*Find sources:* "Thermal comfort" – news · newspapers · books · scholar · JSTOR (June 2016)

Whenever the studies referenced tried to discuss the thermal conditions for different groups of occupants in one room, the studies ended up simply presenting comparisons of thermal comfort satisfaction based on the subjective studies. No study tried to reconcile the different thermal comfort requirements of different types of occupants who compulsorily must stay in one room. Therefore, it looks to be necessary to investigate the different thermal conditions required by different groups of occupants in hospitals to reconcile their different requirements in this concept. To reconcile the differences in the required thermal comfort conditions it is recommended to test the possibility of using different ranges of local radiant temperature in one room via a suitable mechanical system.

Although different researches are undertaken on thermal comfort for patients in hospitals, it is also necessary to study the effects of thermal comfort conditions on the quality and the quantity of healing for patients in hospitals. There are also original researches that show the link between thermal comfort for staff and their levels of productivity, but no studies have been produced individually in hospitals in this field. Therefore, research for coverage and methods individually for this subject is recommended. Also research in terms of cooling and heating delivery systems for patients with low levels of immune-system protection (such as HIV patients, burned patients, etc.) are recommended. There are important areas, which still need to be focused on including thermal comfort for staff and its relation with their productivity, using different heating systems to prevent hypothermia in the patient and to improve the thermal comfort for hospital staff simultaneously.

Finally, the interaction between people, systems and architectural design in hospitals is a field in which require further work needed to improve the knowledge of how to design buildings and systems to reconcile many conflicting factors for the people occupying these buildings.<sup>[84]</sup>

## **Personal comfort systems**

[edit]

Personal comfort systems (PCS) refer to devices or systems which heat or cool a building occupant personally.<sup>[85]</sup> This concept is best appreciated in contrast to central HVAC systems which have uniform temperature settings for extensive areas. Personal comfort systems include fans and air diffusers of various kinds (e.g. desk fans, nozzles

and slot diffusers, overhead fans, high-volume low-speed fans etc.) and personalized sources of radiant or conductive heat (footwarmers, legwarmers, hot water bottles etc.). PCS has the potential to satisfy individual comfort requirements much better than current HVAC systems, as interpersonal differences in thermal sensation due to age, sex, body mass, metabolic rate, clothing and thermal adaptation can amount to an equivalent temperature variation of 2–5 °C (3,6–9 °F), which is impossible for a central, uniform HVAC system to cater to.<sup>[85]</sup> Besides, research has shown that the perceived ability to control one's thermal environment tends to widen one's range of tolerable temperatures.<sup>[3]</sup> Traditionally, PCS devices have been used in isolation from one another. However, it has been proposed by Andersen et al. (2016) that a network of PCS devices which generate well-connected microzones of thermal comfort, and report real-time occupant information and respond to programmatic actuation requests (e.g. a party, a conference, a concert etc.) can combine with occupant-aware building applications to enable new methods of comfort maximization.<sup>[86]</sup>

## See also

[edit]

- ASHRAE
- ANSI/ASHRAE Standard 55
- Air conditioning
- Building insulation
- Cold and heat adaptations in humans
- Heat stress
- Mean radiant temperature
- Mahoney tables
- Povl Ole Fanger
- Psychrometrics
- Ralph G. Nevins
- Room air distribution
- Room temperature
- Ventilative cooling

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## Further reading

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- Cold Stress, National Institute for Occupational Safety and Health.
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Heating, ventilation, and air conditioning

**Fundamental  
concepts**

- Air changes per hour
- Bake-out
- Building envelope
- Convection
- Dilution
- Domestic energy consumption
- Enthalpy
- Fluid dynamics
- Gas compressor
- Heat pump and refrigeration cycle
- Heat transfer
- Humidity
- Infiltration
- Latent heat
- Noise control
- Outgassing
- Particulates
- Psychrometrics
- Sensible heat
- Stack effect
- Thermal comfort
- Thermal destratification
- Thermal mass
- Thermodynamics
- Vapour pressure of water

## **Technology**

- Absorption-compression heat pump
- Absorption refrigerator
- Air barrier
- Air conditioning
- Antifreeze
- Automobile air conditioning
- Autonomous building
- Building insulation materials
- Central heating
- Central solar heating
- Chilled beam
- Chilled water
- Constant air volume (CAV)
- Coolant
- Cross ventilation
- Dedicated outdoor air system (DOAS)
- Deep water source cooling
- Demand controlled ventilation (DCV)
- Displacement ventilation
- District cooling
- District heating
- Electric heating
- Energy recovery ventilation (ERV)
- Firestop
- Forced-air
- Forced-air gas
- Free cooling
- Heat recovery ventilation (HRV)
- Hybrid heat
- Hydronics
- Ice storage air conditioning
- Kitchen ventilation
- Mixed-mode ventilation
- Microgeneration
- Passive cooling
- Passive daytime radiative cooling
- Passive house
- Passive ventilation
- Radiant heating and cooling
- Radiant cooling
- Radiant heating
- Radon mitigation
- Refrigeration
- Renewable heat
- Room air distribution
- Solar air heat
- Solar combisystem
- Solar cooling
- Solar heating



- Air conditioner inverter
- Air door
- Air filter
- Air handler
- Air ionizer
- Air-mixing plenum
- Air purifier
- Air source heat pump
- Attic fan
- Automatic balancing valve
- Back boiler
- Barrier pipe
- Blast damper
- Boiler
- Centrifugal fan
- Ceramic heater
- Chiller
- Condensate pump
- Condenser
- Condensing boiler
- Convection heater
- Compressor
- Cooling tower
- Damper
- Dehumidifier
- Duct
- Economizer
- Electrostatic precipitator
- Evaporative cooler
- Evaporator
- Exhaust hood
- Expansion tank
- Fan
- Fan coil unit
- Fan filter unit
- Fan heater
- Fire damper
- Fireplace
- Fireplace insert
- Freeze stat
- Flue
- Freon
- Fume hood
- Furnace
- Gas compressor
- Gas heater
- Gasoline heater
- Grease duct
- Grille

**Measurement  
and control**

- Air flow meter
- Aquastat
- BACnet
- Blower door
- Building automation
- Carbon dioxide sensor
- Clean air delivery rate (CADR)
- Control valve
- Gas detector
- Home energy monitor
- Humidistat
- HVAC control system
- Infrared thermometer
- Intelligent buildings
- LonWorks
- Minimum efficiency reporting value (MERV)
- Normal temperature and pressure (NTP)
- OpenTherm
- Programmable communicating thermostat
- Programmable thermostat
- Psychrometrics
- Room temperature
- Smart thermostat
- Standard temperature and pressure (STP)
- Thermographic camera
- Thermostat
- Thermostatic radiator valve
- Architectural acoustics
- Architectural engineering
- Architectural technologist
- Building services engineering
- Building information modeling (BIM)
- Deep energy retrofit
- Duct cleaning
- Duct leakage testing
- Environmental engineering
- Hydronic balancing
- Kitchen exhaust cleaning
- Mechanical engineering
- Mechanical, electrical, and plumbing
- Mold growth, assessment, and remediation
- Refrigerant reclamation
- Testing, adjusting, balancing

**Professions,  
trades,  
and services**

**Industry organizations**

- AHRI
- AMCA
- ASHRAE
- ASTM International
- BRE
- BSRIA
- CIBSE
- Institute of Refrigeration
- IIR
- LEED
- SMACNA
- UMC

**Health and safety**

- Indoor air quality (IAQ)
- Passive smoking
- Sick building syndrome (SBS)
- Volatile organic compound (VOC)
- ASHRAE Handbook
- Building science
- Fireproofing

**See also**

- Glossary of HVAC terms
- Warm Spaces
- World Refrigeration Day
- Template:Home automation
- Template:Solar energy

**Authority control databases:** National       [Edit this at Wikidata](#)

**About Royal Supply South**

**Things To Do in Arapahoe County**

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**Photo**

## **Cherry Creek State Park**

**4.6 (9044)**

### **Photo**

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## **Cherry Creek Valley Ecological Park**

**4.7 (484)**

### **Photo**

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## **Denver Museum of Nature & Science**

**4.7 (16001)**

### **Photo**

**Molly Brown House Museum**

**4.7 (2528)**

**Photo**

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**Wings Over the Rockies Air & Space Museum**

**4.7 (5324)**

**Photo**

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**Aurora History Museum**

**4.6 (251)**

**Driving Directions in Arapahoe County**

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**Driving Directions From Sheridan High School to Royal Supply South**

**Driving Directions From Costco Wholesale to Royal Supply South**

**Driving Directions From Denver to Royal Supply South**

**Driving Directions From Lowe's Home Improvement to Royal Supply South**

**Mobile home supply store**

**Air conditioning repair service**

**Air conditioning store**

**Air conditioning system supplier**

**Furnace repair service**

**Furnace store**

**Driving Directions From Clock Tower Tours to Royal Supply South**

**Driving Directions From Cherry Creek State Park to Royal Supply South**

**Driving Directions From Cherry Creek Valley Ecological Park to Royal Supply South**

**Driving Directions From Cherry Creek Dam to Royal Supply South**

**Driving Directions From Cherry Creek Dam to Royal Supply South**

Driving Directions From History Colorado Center to Royal Supply South

**Mobile Home Furnace Installation**

**Mobile Home Air Conditioning Installation Services**

**Mobile Home Hvac Repair**

**Mobile Home Hvac Service**

**Mobile home supply store**

**Reviews for Royal Supply South**

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Identifying Goggles Designed for Refrigerant Handling [View GBP](#)

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